



Helping individuals and groups reframe their approach and mindset to reach a higher level of fulfillment and happiness.

COACH

- Life Coaching
- Career Coaching
- Executive Coaching
- Strategy Coaching

TRAINER

- Marketing Consulting
- Business Development Consulting
- Interview Prep/Coaching
- Presentation Skills/Public Speaking
- Employee Engagement/Retention
- Millennial & Gen Z Training
- Soft Skills
- Networking

SPEAKER/PRESENTER

- Keynote Speaker
- Conference Session Speaker
- Round Table Facilitator
- Emcee – Banquets, Galas, Awards, Etc.
- Panelist/Moderator
- Workshops

Topics

- Infinite Possibilities
- Public Speaking/Presentation Skills
- Burnout
- Leadership
- Business Development
- Networking
- Toxicity of Multi-Tasking
- And more!

All Topics can be a 1-1.5 hr Presentation or Half/Full Day Workshop // Individual training also offered

CONTACT MATT CONNOR | 832-755-4254 or matt@coach-connor.com

“In the way that I look forward to spending time with Matt, I relish time when he is speaking. Speaking is his calling. I Highly recommend.”

—Andrew Weinberg, New York, New York

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